

# GLOBAL CLINIC

A NON PROFIT HUMANITARIAN EFFORT



**JAN  
2018**

**MISSION TO  
MYANMAR**

## TRIP SUMMARY

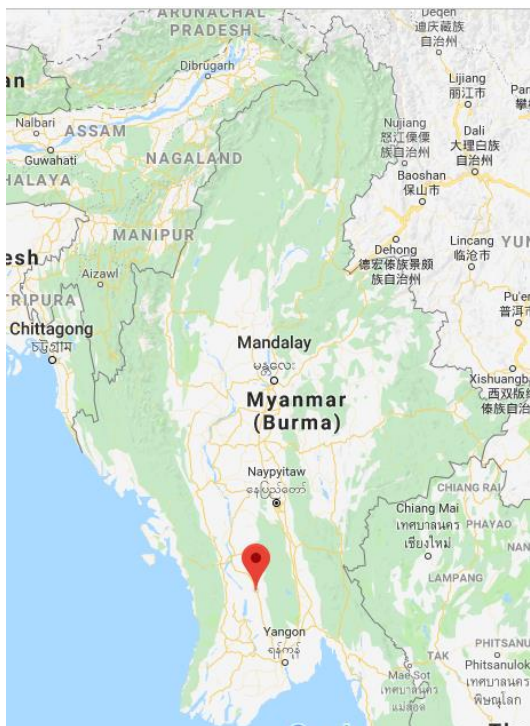
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Global Clinic conducted a multi-specialty medical, surgical and dental mission in Okpho, Myanmar over a three-working day period in January 2018 to provide free and sustainable care to the community. Over 1000 patients were treated by Global Clinic's team of thirty surgeons, doctors, anesthetists and nurses from its cleft and lip palate, dentistry, gynaecology, and general medicine practices. The mission was conducted in partnership with Global Clinic's local partner, the Sitagu Mission Trust.



## OUR EFFORTS IN OKPHO, MYANMAR

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In 2017, on the back of successful interventions in Myanmar, Global Clinic began a partnership with the Sitagu Mission Trust, a non-profit organization running a network of hospitals across the country.

Global Clinic conducted its first medical mission with Sitagu to Okpho, a remote township in the Bago region of south central Myanmar, around 180 kilometres from Myanmar's capital city, Yangon. A team from Global Clinic's eye division comprising ophthalmologists, optometrists, and nurses travelled to Okpho in September 2017 and examined over 3000 patients, conducting nearly 300 sight restoring surgeries. The mission revealed a need for greater intervention in the area and laid the ground for Global Clinic's multi-specialty medical mission the following year, in 2018.

## JANUARY 2018 MISSION

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### Dental

Our team of six dental surgeons with the support of local volunteers and a dental assistant examined over 500 patients across age groups, conducting over 700 preventive and restorative procedures including over 300 extractions.

### Cleft and Lip Palate

Our oral maxillofacial surgeons with the support of our anesthetists operated on over 25 cases, conducting lip, cleft and non-cleft procedures. All surgeries were sponsored by Smile Train, an international nonprofit organization providing corrective surgery for children with cleft lips and palates.



### General Medicine

Our general physician examined 100 patients, mostly adults with chronic diseases. While residents of Okpho do have access to primary and secondary care, several patients approached the Global Clinic team for second opinions and free consultations.



## Gynaecology

Our gynaecologist worked alongside our general medical clinic, performing visual inspections for cervical dysplasia, cancer screening and antenatal checks. Health talks were conducted twice daily for patients. Over 75 women were treated.

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## FUTURE PLANS

Global Clinic's vision is firmly rooted in the concept of sustainability – we seek to ensure that any effort to provide medical services is accompanied by a long-term programme to improve the health and access to medical care of the residents of our partner communities.

Our team has since returned to Okpho for the third time, conducting an eye mission in November 2018.

Efforts in Okpho like in other communities will continue to focus on providing sustainable primary care, together with empowering the local healthcare system with free training and education. In 2019, Global Clinic hopes to expand to nearby regions and is currently exploring new collaborations with Sitagu.



Global Clinic's volunteers fully fund the cost of their travel and accommodation during missions. All donations received by the organization go towards the funding of medical equipment and consumables, directly impacting the lives of our beneficiaries.